

Peacemaker Power Tools

- *Gratitude*
- *Coaching*
- *Forgiveness*
- *Making amends*
- *Meditation*
- *Intermittent fasting*
- *Beauty and order*
- *Movement*
- *Sleep wellness*
- *Breath wellness*
- *Therapeutic massage*
- *Energy medicine*



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www.peacemakerenterprise.com • 832-746-3627